

**Health Screening Expo and Learning Lunch
Monday, May 15, 2006
Arizona State Capital
Governor's Executive Tower
1st and 2nd Floor Lobby
10:00 A.M. – 1:00 P.M.**

10:00 A.M to 12:00 P.M. on the First and Second Floor Lobby

Free health screenings: depression screening, lung screening for current and past smokers, and blood pressure and one hour fasting glucose brought to you by the State of Arizona Employee Wellness Program.

A mobile unit will be on-site to provide mammograms for qualified women who have an appointment. Select insurance is accepted. For more information and to schedule an appointment, please call Mobile On-site Mammography (MOM) at 480-967-3767.

Information will be available on physical activity, skin cancer prevention, exercise and fitness, immunizations, reproductive health, osteoporosis, smoking cessation, chronic disease, and other resource information.

12:00 to 1:00 Learning Lunch in the 2nd Floor Conference Room

Learn how to stay active during the hot Arizona summers, learn how to eat healthy when dining out, and learn how humor can help reduce stress.

Participating Partners:

American Cancer Society; American Heart Association; American Lung Association; Arizona Osteoporosis Coalition; ASU College of Nursing; Benefit Options Wellness Program at ADOA; Mental Health Association of Arizona; Mobile-On-Site Mammography; Southwest Naturopathic School of Medicine; and the Arizona Department of Health Services (ADHS) Office of Chronic Disease Prevention and Nutrition Services, Office of Women's and Children's Health, Immunization Program, Office of Oral Health, SunWise Program, Tobacco Education and Prevention Program.

